

The time is yours!

Aetna Navigator™ Member Website

Let's face it...life doesn't have a pause button. Often, you can't get to the really important things until after the day is done. Or before it starts. Either way, Aetna Navigator has you covered!

- Need a temporary or replacement ID card?
- Want to change your primary care physician or dentist?
- Need to check the status of a claim?

You can do it all online. 24 hours a day, 7 days a week.

Aetna Navigator helps you make informed decisions to manage your health care

- Review your health benefits and health insurance plan information, such as who's covered.
- Print your Health History Report — an easy-to-use summary of your doctor visits, medical tests, treatments, prescriptions and other activities — and share it with your doctor. Your Health History Report will help you communicate more effectively with your doctor and stay organized and up-to-date.

- Download your complete medical claims data to a spreadsheet on your PC, for an easy way to manage all of your health care expenses — in one place.
- Quickly link to health resources, online — learn the details about conditions, treatments, even physical fitness!
- Communicate with Member Services.

See reverse side for full details.

It's easy to get started!

- Go to www.aetna.com and click on "Aetna Navigator"
- Then click on "Register Now"
- Fill in the requested information to show that you're an Aetna+ member
- Select a user name, password and security phrase

That's it! When your registration is complete, you'll be able to use all the features of Aetna Navigator.

Need help signing up? Click on "About Registration." Or, get personal registration assistance toll free, Monday-Friday, 7:00 a.m. till 9:00 p.m., Eastern Time. Call 1-800-225-3375.

Visit your personalized health and benefits web page anytime, 24/7.



*Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include: Aetna Health Inc., Aetna Health of California Inc., Aetna Health of Illinois Inc., Aetna Health of the Carolinas Inc., Corporate Health Insurance Company, Aetna Health Insurance Company of New York and/or Aetna Life Insurance Company. In Arizona and Texas — Aetna Health Inc., Corporate Health Insurance Company and/or Aetna Life Insurance Company.



**Don't delay!
Visit your secure
website today!**
www.aetna.com

Aetna Navigator puts you in charge!

Stay on top of the details to really manage your health care:

- Claims information for medical, dental and pharmacy; Explanation of Benefits (EOB) statements
- Pharmacy information, including Preferred Drug List; directory of participating pharmacies; Aetna Rx Home Delivery® service; prescription drug costing tools
- Flexible Spending Account (FSA) balances; payment details; tools for understanding and managing health care and dependent care spending accounts

Take action:

- Print wallet-size temporary member identification cards; order replacement member ID cards
- Get Member Services phone numbers and mailing addresses
- Send secure e-mails to Aetna Member Services (also available in Spanish); and

from the claims detail page, send messages about specific claims with important information already filled in

- Use our DocFind® online directory to find health care professionals and facilities that participate in your plan — in English or Spanish
- Ask for e-mail alerts when new information, such as EOB statements or FSA payments, becomes available
- Change primary care physician and primary care dentist selections
- Print out Aetna standard forms

Link up with health information, online:

- Visit the Aetna IntelliHealth® website for credible health, dental and wellness information offered by trusted sources including Harvard Medical School
- Search the Healthwise® Knowledgebase for information about hundreds of health topics (in English and Spanish)
- Watch videos about health topics like asthma and heart disease

PLUS, use these handy tools to manage your health care:

- Find the average costs for health care services in your area; learn how much you might save by choosing a doctor who participates in Aetna's network
- Review costs for medical procedures, office visits, medical tests and more
- Look up diseases and conditions, like asthma, diabetes, pregnancy
- Research prescription drugs; compare brand-name drugs to their generic equivalents and see prices for each — purchased at retail pharmacies and through our mail-order drug program
- Complete a personal health assessment and receive a plan created just for you
- Compare hospitals in your area to help decide where to receive medical care
- Take a survey to rate medical professionals in the Aetna network; view the results on DocFind to see what other members are saying

Policy forms issued in Oklahoma include: HMO/OK COC-4 09/02, HMO/OK GA-3 11/01, CHI/OK GP-3 02/02, CHI/OK INSCT-4 01/02, GR-23 and/or GR-29.

If you need this material translated into another language, please call Member Services at 1-888-98-AETNA (1-888-982-3862).

Si usted necesita este documento en otro idioma, por favor llame a Servicios al Miembro al 1-888-98-AETNA (1-888-982-3862).

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