



SPC officials to study California college's Success Centers

Two college officials will travel to California later this month to study tutoring centers pioneered at Chaffey College in Rancho Cucamonga.

Linda Benware, special assistant to President Carl M. Kuttler Jr., and Watson Haynes, coordinator of SPC's College Reachout Program, will spend Oct. 13 and 14 at Chaffey College, studying how that college brings accountability to its tutoring center programs.



Linda Benware

students," Benware said. "Chaffey College is a leader in the field of getting its students properly prepared to be successful in college. We expect to learn quite a bit there."



Watson Haynes

SPC established its Women on the Way program a number of years ago when it became concerned that enrollment among female students was lagging. That program has been very successful – in fact, the

problem has reversed itself, and male enrollment now lags significantly behind enrollment among women.

SPC has been working hard to

increase those enrollment numbers among men.

Benware and Haynes have been charged with developing an inventory of all SPC programs aimed at improving enrollment among students who might be considered unprepared for college. Kuttler has said that what also is needed is a way to measure the success and accountability of those programs.

"We can't fully deploy our programs successfully if we don't have the means to measure their success," Haynes said. "At Chaffey, we hope to learn new techniques for making that happen."

In 1999, a group of Chaffey teachers and administrators realized the college was becoming

See STUDY, Page 3

Critical Thinking Institute planned for Nov. 14

The Fall Critical Thinking Institute will be Nov. 14 at the Downtown Center.

The morning session will include critical thinking conference reports, best practices sharing sessions, hands-on sessions to discover technology to assist in teaching for critical thinking, and a workshop on using the Assessment Rubric for Critical Thinking to measure critical thinking in the classroom.

QEC subcommittee meetings will be in the afternoon.

For more information, call Gail Lancaster at Ext. 7180, or e-mail her at lancaster.gail@spcollege.edu.



Portrait unveiled

President Carl M. Kuttler Jr. was honored at the St. Petersburg Museum of History on Saturday when his photograph was unveiled. The photo is part of the museum's Legacy of Leadership exhibit, which chronicles Kuttler's 30-year leadership of the college. From left: St. Petersburg Mayor Rick Baker; Rutland Bussey, the museum's immediate past board president; Kuttler; Ann Taylor, museum board member; and George Banez, museum executive director.

Volleyball team improves to 5-2 in Suncoast Conference

The volleyball team defeated Polk Community College 3-1 Tuesday night in the final Suncoast Conference home match of the season.

The Titans defeated Manatee Community College Thursday 3-1, two days after beating South Florida Community College 3-0.

The Titans are 9-3 overall, and a 5-2 in the Suncoast Conference. They are on the road for a string of critical conference matches, starting after the *Blue & White* deadline Thursday at Pasco-Hernando CC. For results, visit www.spcollege.edu/athletics.

Author Peg Tyre to appear Oct. 29 at Clearwater Campus

"The Trouble with Boys," a session featuring author Peg Tyre, will be at the Clearwater Campus at 12:45 p.m. Oct. 29.

Tyre's book, "The Trouble With Boys," describes some of the reasons why young males sometimes struggle in academic environments.

The session will be in the Arts Auditorium. Call Ext. 2623 for more information.

Surplus items available

Is your office or classroom in need of a piece of furniture or equipment? Perhaps there is something in the surplus warehouse that will fit your needs. Faculty and staff days are scheduled the week of Oct. 13 from 9 a.m.- 2 p.m. by appointment. Contact Bob Morey at 243-8804 or e-mail him at morey.bob@spcollege.edu. Items include desks, chairs, file cabinets and tables. These items are for reuse collegewide within your offices and classrooms. The surplus warehouse is in the Olympia Building on the Tarpon Springs Campus.

Birthdays and anniversaries

The lists run a week in advance so that you have proper notice of a milestone. This week's *Blue & White* contains the list for Oct.10-16. The Oct. 10 edition will have Oct. 17-23.

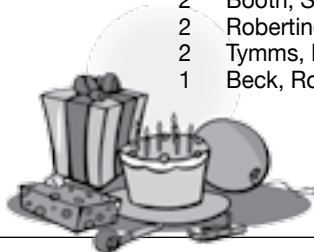


Birthdays Oct. 10-16

Date	Name
10-10	Norfleet, Sunny L.
10-10	Sommers, Marion
10-11	Wence, Kate E.
10-11	Sullivan, Marshal D.
10-11	Sutton, Marla C.
10-11	Ashford, Gregory E.
10-11	Kallassy Jr, Carl P.
10-12	Morgan, Darcy
10-12	Ford, Stephen L.
10-12	Fernandes, Samantha
10-12	Vo, Thach N.
10-12	Powers, Christy Ann
10-12	Gilmore, Barton L.
10-12	Brennecke, Eileen L.
10-13	Hamilton, Dana S.
10-13	Howard, Minnette L.
10-14	Cornwell, J Michael
10-14	Williams, Latrica
10-14	Suber, Javvonne A.
10-15	Nixon Jr, William J.
10-15	Petrie, Aaron E.
10-16	Lancaster, Gail
10-16	Rice, Jessica L.
10-16	Carnahan, Michael
10-16	Ojeda, Jeanna
10-16	Addis, Jacqueline A.

Anniversaries Oct. 10-16

Years	Name
29	Deluca, Alice L.
28	Voytas, Teddi J.
17	Branam, Ronald K.
17	Dougherty, Dennis J.
16	Bell, Dorothy J.
15	White, Karen Kaufman
15	Bergamini, Donald
15	Kanyuck, Julie B.
12	Davies, Matthew B.
11	Graham, Shane L.
11	O'Neill, Michael
10	Anyan, Mary I.
9	Carnahan, Michael
9	Clark, Carol M.
9	Mclver, Kevin
7	Bobowski, Sharon A.
7	Douglas, Gerald F.
7	Lewis, Randolph
6	Dodson, Pamela S.
4	McCoy, Charles J.
4	Loveland, Thomas R.
3	Carr, Julie L.
3	Suber, Javvonne A.
3	Kennedy, Catherine Crist
2	DeGraw, Irving H.
2	Booth, Stephanie
2	Robertino, Valerie A.
2	Tymms, Magaly B.
1	Beck, Rosanne



Employment opportunities

For job openings at the college, visit the Human Resources Web site at www.spcollege.edu/central/hr/.

St. Petersburg College is dedicated to the concept of equal opportunity. The college will not discriminate on the basis of race, color, religion, sex, age, national origin, or marital status, or against any qualified individual with disabilities, in its employment practices or in the admission and treatment of students. Recognizing that sexual harassment constitutes discrimination on the basis of sex and violates this rule, the college will not tolerate such conduct. Should you experience such behavior, please contact the director of EA/EO at 727-341-3261; by mail at P.O. Box 13489, St. Petersburg, FL 33733-3489; or by e-mail at eaao_director@spcollege.edu.

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St. Petersburg College

SPC

Excellence in education since 1927

College Wellness Coordinator
Cathleen Shears' wellness column
appears weekly in the Blue & White.

Wellness update

by Cathleen Shears



Calories count

How many calories should you eat each day? That depends on several factors: your gender, your activity level, and if you are trying to lose weight, gain weight, or maintain your current weight.

Both men and women require daily calories to keep their bodies functioning at rest. These calories are called your basal metabolic rate, or BMR. To find your BMR, multiply your current weight in pounds by 10 if you are female and by 11 if you are male.

For example, a 130-pound female has a BMR of 1,300 calories per day ($130 \times 10 = 1,300$). This is the number of daily calories from food required at rest to meet her body's basic needs.

The next step is to figure in your activity level. You need additional calories (energy) to support an active lifestyle, and fewer if you are sedentary.

A very active female will need up to 50 percent additional calories to maintain her weight. The more active you are, the more calories are needed. However, the sedentary female, sitting much of the day, requires much less, about 20 percent of BMR calories.

Active is defined as about an hour of physical activity in addition to daily activity. A moderately active individual,

defined as about 30 minutes of physical activity a day in addition to daily activity, can eat 40 percent additional calories.

So how many calories can this very active female eat? The formula is:

Basic energy needs (BMR):

$130\text{-pounds} \times 10 = 1,300$ calories.

Energy for physical activity =

$1,300 \times .50 = 650$ calories

Total energy needs to maintain weight at 130-pounds =

$1,300 + 650 = 1,950$ a day.

The key is to balance calories in food with calories burned to maintain your weight. To lose weight, you should take in fewer calories and increase your activity levels.

Little changes add up over time, so be patient. It also is important not to starve yourself -- health professionals recommend not to eat below 1,200 calories if you are a female and 1,600 for males. This is the minimum amount to maintain good health.

For more information, go to www.calorieking.com or join in a Healthy Lifestyle lunch and learn series on your campus, contact shears.cathleen@spcollege.edu or call Ext. 3083.

For additional articles on wellness, visit the Wellness at SPC link on the HR home page.

Study from Page 1

overwhelmed by students who lacked the skills to be successful. They learned that around 98 percent of Chaffey students were not ready to take on the challenge of college in at least one student area.

Chaffey responded by hiring basic-skills instructors. To accomplish this, it at times delayed the hiring of biology, sociology and other instructors.

Laura Hope, a Chaffey English instructor who helped install the changes at the school, said Chaffey officials felt a sense of despair when they first started to improve levels of preparedness.

In spite of that despair, Chaffey succeeded. Before the program was started, only eight percent of Chaffey students transferred to four-year schools. Afterward, that number increased to 25 percent.

Chaffey accomplished this improvement by establishing Success Centers on each of its three campuses. Those Success Centers specialize in math or English skills, and instructors closely monitor students to make sure they remain on track. Chaffey College spends about \$3.5 million on those Success Centers every year. However, Chaffey officials note that about half that amount returns to the school because fewer students drop out. Fewer dropouts mean more enrollment funding from the state.

When Benware and Haynes return, they hope to install some of Chaffey's techniques into SPC's programs.

Enrolled Student Survey available on Web site through Oct. 15

Faculty members will ask students to participate in the annual Enrolled Student Survey through Oct. 15. The survey ascertains how students perceive the college and measures their satisfaction with SPC's academic and student support services.

The Enrolled Student Survey was developed as part of an SPC-wide assessment system to help ensure the delivery of quality academic

and student support services. Once again this year, the survey will be administered online via the SPC home page, www.spcollege.edu; look for a link that leads to the survey. Faculty members should encourage students to participate.

Questions about the survey should be directed to the Department of Institutional Research and Effectiveness at Ext. 5237.



The Chaffey College Fontana Success Center is a place where students can work on directed learning activities, participate in study groups or receive help with class projects. The Fontana Success Center also offers free tutoring, workshops, and reference materials. It features 36 computers with high speed Internet access and a variety of academic software programs.

Cultural corner

Some of the arts and entertainment events
presented by St. Petersburg College and its partners



Continuing through Oct. 19

Exhibition: "Mel Finkelstein: Playing a Hunch," Leepa-Rattner Museum of Art, Tarpon Springs Campus. 10 a.m.-5 p.m. Tuesdays-Saturdays, extended hours 5-9 p.m. Thursdays, 1-5 p.m. Sundays. \$5 adults, \$4 seniors, free to students and SPC staff. Free admission Sundays.

Continuing through Oct. 12

"By the Waters of Babylon"
by Pulitzer Prize-winner Robert Schenckan. 7:30 p.m. Wednesdays-Thursdays, 8 p.m. Fridays-Saturdays, 3 p.m. Saturdays-Sundays. American Stage Theatre, St. Petersburg. \$31-\$39.

Continuing through Oct. 12

"The Vagina Monologues,"
10:30 p.m. Wednesdays-Saturdays, 7 p.m. Tuesdays and Sundays. American Stage Theatre, St. Petersburg. 727-823-7529. Tickets are "pay-what-you-can" with part of the proceeds going to the local YWCA's efforts to help teenage mothers.

Friday-Sunday

Florida Orchestra Pops Concert: Rich Ridenour, conductor and piano, a program of movie hits, love songs, ragtime, jazz, rock n' roll and classics. 8 p.m. Friday, Tampa Bay Performing Arts Center, Ferguson Hall, Tampa; 8 p.m. Saturday, Mahaffey Theater, St. Petersburg; and 7:30 p.m. Sunday, Ruth Eckerd Hall, Clearwater. \$19-\$65.

Sunday, Oct. 5

Workshop: Susan J. Geier, daughter of Mel Finkelstein, photographer and owner of Studio 212 Gallery, will talk about the profession of photography and her father's career as a photojournalist. 3 p.m., North Gallery, Leepa-Rattner Museum of Art. Registration: 727-712-5226 or buster.patti@spcollege.edu.

Wednesday, Oct. 8

On the Easel: Photographer Herb Snitzer will discuss New York City, where he was a photojournalist in the late '50s and early '60s, his awareness of Mel Finkelstein, and the activism of the civil rights movement based on his 1959 photograph Freedom Now. Noon, lobby of the Leepa-Rattner Museum of Art.

Friday, Oct. 10

St. Petersburg College Band Concert, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Friday, Oct. 10

Florida Orchestra Pops in the Park Concert, 7 p.m., Al Lopez Park, Tampa. Free.

Saturday, Oct. 11

Grand Reopening with the Statesmen of Jazz, 7:30 p.m. Palladium at St. Petersburg College, 253 Fifth Ave. NE, St. Petersburg. \$22-\$32.

Sunday, Oct. 12

St. Andrews Russian Orthodox Church 60th Anniversary Performance, with Russian ballet, folk dance, classical and sacred music. 4 p.m. Palladium. \$20-\$25 adult, \$10 youth.

Sunday, Oct. 12

Florida Orchestra Pops in the Park Concert, 4:30 p.m., Simmons Park, Ruskin. Free.

Friday, Oct. 17

Florida Orchestra Pops in the Park Concert, 7 p.m., River Tower Park, Tampa. Free.

Saturday, Oct. 18

Florida Orchestra Pops in the Park Concert, 7 p.m., Vinoy Park, St. Petersburg. Free.

Sunday, Oct. 19

Side Door Chamber Series: FloriMezzo, featuring an ensemble of flutes with piccolo, flute, alto and bass, jazz and the Central European charm of one of Antonin Dvorak's best-loved works. 2 p.m., Palladium. \$17.

Thursday, Oct. 23

Side Door Jazz: Michael Royal Trio, 7:30 p.m. Palladium. \$20.

Oct. 24-26

Florida Orchestra Masterworks Concert: Opening Night featuring Beethoven Symphony No. 7, Stefan Sanderling, conductor. 8 p.m. Oct. 24, Tampa Bay Performing Arts Center, Ferguson Hall, Tampa; 8 p.m. Sat. Oct 25, Mahaffey Theater, St. Petersburg; and 7:30 p.m. Sun., Oct 26, Ruth Eckerd Hall, Clearwater. \$19-\$65.

Friday, Oct. 24

Heissler Organ Series: Istvan Ruppert, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Saturday, Oct. 25

Battle of the B3s – Blues vs. Jazz, jazz and blues musicians duel on the Hammond B3, 8 p.m. Palladium. \$18-\$20.

Sunday, Oct. 26

Neshama Carlebach Live in Concert, superstar in Jewish entertainment, 5 p.m. Palladium. \$25 adults, youth \$13.

See *CULTURAL*, Page 5

Thursday, Oct. 30

Florida Orchestra Coffee
Concert: "Latin Fire," Alastair Willis, conductor, 11 a.m. Mahaffey Theater, St. Petersburg. \$24-\$40.

Oct. 30-Nov. 3

The Tampa Bay Symphony, featuring the St. Petersburg College Chorus, 8 p.m. Oct. 30, Mahaffey Theater, St. Petersburg; 8 p.m. Nov. 3, Ruth Eckerd Hall, Clearwater; and 4 p.m. Nov. 2, Tampa Bay Performing Arts Center, Tampa. \$20.

Sunday, Nov. 2

Unity A Cappella Gospel Ensemble Presents: **The Journey**, 4 p.m. Palladium. \$10-\$20.

Thursday, Nov. 6

Side Door Jazz: Michael Ross Quartet, a night of contemporary jazz featuring original music. 7:30 p.m. Palladium. \$20.

Sunday, Nov. 9

America Remembers: A Veteran's Day Salute, featuring the SPC Community Concert Chorus and Madrigalians, 3 p.m. Palladium. Free.

Sunday, Nov. 9

RockShop Revue Fall 2008 Concert, the culmination of 12 weeks of hard work by talented young area students. 7 p.m., Palladium. \$11.50

Saturday, Nov. 15

Palladium Pipes Series: Silent Movie with Rosa Rio on the Skinner Pipe Organ, 7:30 p.m. Palladium. \$12-\$22.

Sunday, Nov. 16

Zielinski Singers, Tampa Bay's top choral music ensemble, 2 p.m. Palladium. \$12- \$22.

Tuesday, Nov. 18

St. Petersburg College Jazz Band Concert, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Nov. 14-Dec. 28

A Tuna Christmas, an irreverent holiday comedy about the third smallest town in Texas, 7:30 p.m. Wednesdays-Thursdays, 8 p.m. Fridays-Saturdays, 3 p.m. Saturdays-Sundays. American Stage Theatre, St. Petersburg. \$31-\$39.

Nov. 20-22

CoMotion Dance Theatre Concert, 8 p.m. Clearwater Campus Auditorium. Free.

Thursday, Nov. 20

Side Door Jazz: Love Songs: Sweet 'n Swingin', Kym Purling Quartet featuring Joanna Rose, 7:30 p.m. Palladium. \$20.

Sunday, Nov. 23

Side Door Chamber Series: FloriMezzo, featuring trios of Bruch and Beethoven, followed by an uplifting journey through time to the sumptuous sounds of Brubeck. 2 p.m. Palladium. \$17.

Monday, Dec. 1

St. Petersburg College Orchestra Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

Thursday, Dec. 4

St. Petersburg College Percussion Ensemble Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

Sunday, Dec. 7

St. Petersburg College Chorus & Madrigalians Concert: "A Winter Choral Festival," 3 p.m. Christ United Methodist church, 467 First Ave. N, St. Petersburg. Free.

Friday, Dec. 8

St. Petersburg College Band Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

Saturday, Dec. 13

St. Petersburg College Chorus & Madrigalians Concert: "Christmas Candlelight Concert," 3 and 7:30 p.m. St. Petersburg College Music Center. Free.

Saturday, Dec. 13

Ellington Christmas featuring Nate Najjar, Ken Peplowski and The Redd Brothers, 7:30 p.m. Palladium. \$15-\$27.

Friday, Jan. 16

Heissler Organ Series: Paul Jacobs, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Tuesday, Feb. 10

St. Petersburg College Jazz Band Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

Friday, Feb. 27

St. Petersburg College Band Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

Friday, March 6

Heissler Organ Series: David Enlow, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Friday, March 20

Heissler Organ Series: Merak Kudlicki, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Tuesday, April 14

St. Petersburg College Jazz Band Concert, 7:30 p.m. St. Petersburg College Music Center, St. Petersburg/Gibbs Campus. Free.

Thursday, April 23

St. Petersburg College Percussion Ensemble Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

April 23-25

CoMotion Dance Theatre Concert, 8 p.m. Clearwater Campus Auditorium. Free.

Friday, April 24

St. Petersburg College Jazz Band Concert, 7:30 p.m. St. Petersburg College Music Center. Free.

BOT *Highlights*

SEPTEMBER 16, 2008

EXPENDITURES AND CONTRACTS (exceeding \$250,000)

Approval was given by the Board to enter into the following agreements:

- (1) Dell Financial Services, L.P. to lease new network security firewall equipment to replace aging equipment currently in operation in the SPC Data Center; and
- (2) Amendment to agreement with ANGEL Learning, Inc. to extend support of maintenance for one year and to include a six-month staging license for field testing the current software version. The Board further approved the purchase and implementation of the InformaCast Emergency Notification Paging System for alerting students, faculty and staff in a campus or collegewide emergency.

CAPITAL OUTLAY (Money that can be spent only on construction projects)

The Board approved the following:

- (1) Disposition of Surplus or Obsolete Property;
- (2) Architectural Services through Envision Architects (as the #1 ranked firm) for Student Housing, specifically the Helen K. Leslie BPW Scholarship House), and including Master Planning Collegewide, with Envision Architects being the #1 ranked firm; and
- (3) Transfer of the name and assets of the Florida International Museum to St. Petersburg College, and proceeding with the programming for the museum space at the College's Downtown Center. In addition, an oral report was presented on the status of SPC's Midtown Center.

CHANGES TO THE BOARD OF TRUSTEES' RULES

The Board approved the following changes to the Rules and Procedures Manual:

- (1) Rule 6Hx23-4.493 Student Incentive Grants. This (a) changes the term "financial aid" to "financial assistance" throughout the Rule; (b) updates the language regarding the process for award allocation; (c) establishes the awards will be made for Terms I, II and/or III; (d) removes the requirement that all recipients be Pell Grant eligible; (e) updates the criteria for applicant categories to be considered for Student Incentive Grants; (f) establishes the maximum SIG awards per student per year; (g) updates information regarding identification of eligible recipients; and (h) updates information on how SIG funds may be used;

- (2) Rule 6Hx23-5.16 Travel by College Personnel, Board of Trustees and Authorized Persons. This makes a minor correction to the Rule and establishes that the president may name a designee to authorize travel advancements on his behalf; and
- (3) Rule 6Hx23-5.17 Student Fees. This (a) adds various fees for Arts and Graphics courses, and (b) increases and adds lab fees for various Engineering Technology courses.

GRANTS/RESTRICTED FUNDS CONTRACTS

The Board authorized applications for and acceptance of grant funding (if awarded) from:

- (1) U.S. Department of Education for Alternative Certification for Teachers, Paraprofessional Transition to Teaching Program, through a subcontract with the School District of Hillsborough County; and
- (2) Pinellas County Emergency Medical Services Authority for Continuing Medical Education Program.

STUDY ABROAD PROGRAMS

The Board approved offering the following Study Abroad Programs for 2008-2009, some of which were offered in past years and are ongoing and others which are currently being developed: Estonia Student Exchange, The Cambridge University Summer Program; Spanish Language Immersion in Cuenca, Ecuador; Tropical Ecology/Earth Science in Belize; Japanese Pottery and Education for Persons with Developmental Disabilities; Guatemala Gang Education Training; Puerto Rico Language Immersion; Japan Education, Science and Culture; Italy Vatican Experience; Argentina Language and Nursing; India Discovery Project; and High School Study in America and Abroad.

AUDIT OF SPC HIRING POLICIES AND PROCEDURES

The Board recommended and approved the hiring of an independent third-party firm to audit the College's current hiring policies and procedures to be sure they are where they need to be. The research and selection process to appoint this firm will be conducted by trustee Terrence Brett and Board Attorney Joseph Lang and a report given back to the Board.