

Frank named dean of College of Public Safety Administration

Brian Frank, former program director at the Allstate Center's Criminal Justice Institute, has been named dean of the College of Public Safety Administration. He replaces Larry Stewart, who



Brian Frank

resigned to accept a position with the federal government in Eastern Europe.

The appointment was effective Feb. 4.

Frank has been with the college since August 2005, starting out as an instructor. He later became program director for the Criminal Justice Institute's lower division. As dean, he will oversee both the lower and upper divisions of the Institute.

Before coming to SPC, he taught criminal justice subjects at Palm Beach Community College. Earlier, he worked as a Criminal Investigation Division agent in the U.S. Army.

"I'm really excited about this opportunity to have a seamless transition from two-year to four-year programs for the students," Frank said. "I like the idea of students going after four-year degrees while making stops along the way, taking as much as they can from a single School of Public Safety."

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Thank you

Scholarship donors and student recipients shared their stories at the Foundation Scholarship Luncheon, which took place at the EpiCenter on Tuesday. From left are: Joe Vislay, Peter Brown Construction; Ann Nguyen, an Orthotics and Prosthetics major and recipient of the General Dynamics Scholarship; and Julie Pettitt, nursing major and recipient of the Stoeckle Scholarship.

President praises response at Clearwater

President Carl M. Kuttler Jr. said faculty, staff and students on the Clearwater Campus are to be commended for their response to a tense situation that occurred shortly after 2 p.m. Monday.

Their quick action, along with an immediate response from Clearwater Police, led to a safe resolution of the incident.

"Many people are to be commended for their assistance during this crisis period,"



Kathleen Griffin

Kuttler said. "Most especially (Associate Provost) Kathleen Griffin, who led the work of the response team."

Provost Bert Purga was at a Cabinet meeting at the EpiCenter when the incident began but quickly returned to the campus to assist.

The crisis began when police received reports that an SPC student had been threatened at gunpoint by

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College to continue paying for colonoscopy anesthesia

The college will continue to pay for a drug that renders people unconscious during colonoscopies even though Aetna and other insurance companies have announced plans to stop paying for it.

Aetna, the company that administers SPC's medical insurance

program, and several other companies announced recently they would stop paying for propofol, the drug commonly administered during colonoscopies. The companies said moderate sedation works just as well and is less costly.

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Former provost honored

Nick Billiris, who was the first Tarpon Springs Campus provost and had the job almost 33 years, was honored in ceremonies Friday at the campus. He stands here with his wife, Mary Ella, holding the plaque that was given to him in ceremonies outside of the tutorial area in the Information Commons. The tutorial area was dedicated to Billiris.

Men's basketball team moves into second place in conference

Two wins – 94-90 over Hillsborough Community College on Saturday and 89-72 over Pasco-Hernando CC on Feb. 6 – moved the men's basketball team to 5-4 and second in the Suncoast Conference.

Polk CC has guaranteed its place in the state tournament. The remaining conference teams will meet in playoffs beginning Feb. 25 to determine the second berth.

The men close the season with home games against Manatee CC (3-5) on Saturday, Polk on Wednesday and Pasco-Hernando CC (1-8) on Feb. 23.

The women's basketball team lost three games on the road to fall to 4-6 in conference play. The women have one more away game against Hillsborough CC on Saturday before closing the season at home Feb. 25 against Indian River CC.

In a three-day tournament at Chipola College, the baseball team

defeated defending national champion Chipola 3-2 and split two games (winning 10-0 and losing 9-11) with Southern Nevada, the No. 1 team in the nation. The team also lost 12-10 to perennial powerhouse Walters State CC.

The next home game is at 3 p.m. today against the University of Tampa "B" at the Joe DiMaggio Complex in Clearwater.

The softball team won three of four games in its weekend tournament at Eddie C. Moore Complex in Clearwater, defeating Palm Beach CC 4-0; Seminole CC 4-0; and Central Florida CC 8-2 before losing the final game to Okaloosa-Walton College 3-2.

The team's record is 9-4. The team is on the road until March 5.

The tennis team lost to Hillsborough CC Feb. 7. The next home match is Feb. 23 against Florida CC at Jacksonville.

Onward & Upward

Jennifer Haber, TSC, communications instructor, had an article accepted for publication in April by the *Community College Journal of Research and Practice*. The co-author of the article is Michael Mills, formerly of the University of South Florida, but now at St. Cloud University in Minnesota.

Jeffrey Lindsey, faculty member in SPC's Bachelor of Public Safety EMS program and chief of Estero, Fla. Fire Rescue, has been named to the National Emergency Medical Services Advisory Council by the National Highway Traffic Safety Administration.

Employment Opportunities

For job openings at the college, visit the Human Resources Web site at <http://www.spcollege.edu/central/hr/>.

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College Wellness Coordinator
Cathleen Shears' wellness column
appears weekly in the Blue & White.

Wellness update

by Cathleen Shears



February is American Heart Month

In celebration of American Heart Month, I have gathered the latest in health recommendations to keep you heart smart. Because heart disease is the No. 1 cause of death for both men and women in the U.S., prevention is the key to a better quality of life.

Although some risk factors for heart disease cannot be modified (a family history of cardiovascular disease and aging), many can be minimized. Controllable risk factors include: being sedentary, smoking, being overweight, and eating a diet that is high in saturated fat and calories.

Diabetes, high blood pressure and high cholesterol also put you at risk for heart disease. Controlling these conditions with the guidance of your health care provider can reduce your risks of heart attack and stroke.

Try these heart smart ideas:

- Snack on fruits. Nutritional science suggests the pigments that make up the rich color in many fruits may help reduce inflammation associated with hardening of the arteries. Tart cherries, mango and red grapes are heart-healthy disease-fighting antioxidants that may help reduce inflammation associated

with hardening of the arteries.

- Replace less nutritious fats in your diet with nuts. Walnuts, almonds and pecans are rich in vitamin E, omega 3s, monounsaturated and polyunsaturated heart-healthy fats. Still, limit these to small portions, about three-five ounces, because nuts are high in calories.
- Enjoy a fish meal. The American Heart Association (AHA) recommends eating fish twice a week to reap the benefits of its heart-healthy fats. Good choices include salmon, tuna, mackerel, herring and sardines.
- Try a new activity such as ballroom dancing, kayaking or walking (maybe during lunch time). Simply moving can improve your heart health. The AHA recommends exercising 30 minutes on most days of the week.
- Try a bowl of oatmeal for breakfast. Oatmeal is filling and contains whole grains and fiber that help to lower cholesterol.

For more heart-healthy tips, visit www.americanheart.org.

Behavioral modification/peer support sessions for faculty and staff

When: Starting Monday, Feb. 25 and continuing six weeks

Where: SP/G Campus

Taught by Sarah Haynes, SPC psychology instructor, there's no fee. The college is offering this as a benefit.

Honors College students present conference

"Creative Change through Enrichment" was the theme of the first Honors College conference Monday at the EpiCenter. Twelve students presented their research on topics in literature, history, the economy and science.

The culmination of the conference was a faculty-student forum on contemporary environmental problems including: climate change, exhaustion of soil, the rising sea level, dwindling water resources and health-related global issues. Many ambitious ideas were suggested to help the college "go green." Several of the research projects might be eligible for grants through the National Science Foundation.

The Honors College will dedicate the next two years to raising college and community awareness on issues facing the planet.

Anesthesia from Page 1.

Under moderate sedation, patients remain awake but drowsy.

Doug Duncan, SPC's director of human resources, said the college is able to continue paying for the drug because the college is self-insured and uses Aetna only to administer its medical insurance program.

"We have been paying for it all along, so there won't be an increase in our costs – we just won't cut our costs, which is what Aetna is doing," Duncan said. "It is because our Board of Trustees authorized a self-insured health program that we are able to do this."

Continuing the use of propofol, Duncan said, is in keeping with the college's wellness initiatives – programs to improve the health of employees."

"We don't want to discourage our employees and family members from getting colonoscopies and other preventative procedures," he said. "I believe the president and board members would not see an advantage in reducing these types of costs given the potential increase in costs associated with undiagnosed colon cancer."

Aetna will suspend payments for propofol on April 1.

Dean from Page 1.

Tom Furlong, senior vice president of baccalaureate programs and university partnerships, said, "We are very excited about having Brian join us as the new dean of Public Safety Administration. His background with federal programs will be invaluable, he has taught in the Public Safety Administration program, and he brings a wealth of contacts that will help the program grow."



Doug Duncan

New technology should prevent computer theft of sensitive data

The college has ordered a new laptop computer equipped with encrypted hard drive technology, the first step in improving the college's ability to protect sensitive information such as student names, addresses and Social Security numbers.

Eventually, the technology will be installed on all the college's laptops.

Tom Lange, director of the police applicant screening service at the Allstate Center, will be the first to use the encryption system.

The focus on encryption technology results from concerns voiced by SPC President Carl M. Kuttler Jr.

"I have become increasingly concerned about the security of some of the college's most sensitive data, especially information about our students," Kuttler said. "Such information could be loaded onto staff computers for any number of good reasons, but then lost when those computers become lost or stolen. The news media often carries stories about such situations, and we don't want to wait until something like that happens here before we act."

Kuttler asked Conferlete Carney, vice president of Business Services and Information Systems, to look into the computer security issue, and Carney and the College's IT security staff have spent several months doing so.



Conferlete Carney

"Until recently, the technology to protect sensitive data in computers has been lacking," Carney said, "but great strides have been made recently, and the college is in a position to take advantage of those technological improvements."

Carney said he has been working with a number of vendors to find the best combination of improvements for SPC computers. An initial assessment of available technologies already has been completed, he said.

"Based on this initial assessment work, we have recommended that SPC adopt a standard that the hard drives ordered on college-provided laptops for staff and faculty should be equipped with encryption technology," Carney said. "The data stored on these encrypted hard drives will be protected by encryption keys – keys that must be carefully managed initially by the employees and eventually by encryption management servers operated by the college."

That technology should be aided by new security policies and procedures to be processed for review, approval, and implementation later this year, he said. Such a system will keep sensitive data from being accessed from stolen computers without the necessary encryption key, he said.

Lock down *from Page 1.*

a man riding in her car. Officers responded in less than five minutes and blocked entrances and exits to the campus. Then, accompanied by campus security officers and staff members, they locked down campus buildings.

Shortly after the lockdown began, it was over. Officers were able to locate the suspect, Sean Michael Maness, 18, in the Crossroads Building. While speaking to him on a cell phone, they convinced him to walk out and surrender. The campus was immediately reopened. No one was injured. Maness is not an SPC student. Police found a BB gun on the front seat of the woman's car.

Maness was taken to the Pinellas County Jail where he was charged with robbery, battery, tampering with a witness and aggravated assault. His bond was set at \$121,000. Maness has been issued a No Trespass warning, and as a result, is not allowed on the Clearwater Campus. Security should be called at Ext. 2506 if he is seen on site.

Purga praised the work of his staff and the Clearwater Police Department.

"A potentially dangerous situation was defused quickly and professionally," Purga said. "We are grateful to all who cooperated and responded to this emergency."

In addition to Griffin, those singled out for special commendation by Kuttler and Purga were Facilities staffers J.R. Lenges, John Dillinger, John Regan, Ed Williamson, Hank Quednau, Kieve McCloud, Angelo Rivera and Wendy Thacharakis; and Security Officers Jay Hopkins and Steve Baughn.

SAT prep classes begin Feb. 23

SAT prep classes are offered again at the college.

Classes are on Saturday mornings at the Seminole, Tarpon Springs, Clearwater and Downtown sites beginning Feb. 23 from 9 a.m. to noon. Students from high schools, both public and private, and home-schooled students are encouraged to sign up. The cost, which includes the textbook, is \$195.

The class curriculum combines the math and verbal portions, and includes new essay writing tips and practice. Students will take official

retired practice tests, do remedial exercises and review questions, and receive important test-taking strategies.

The college also offers a SAT Prep course at Palm Harbor University High School beginning March 4, on Tuesdays and Thursdays from 2-4 p.m.

The classes target the May 3 SAT test, and are taught by experienced SPC English and math adjunct instructors. For information or to enroll with a Visa/MasterCard, call Lifelong Learning at Ext. 3184. Class sizes are limited.

Ethics Forum Series is Feb. 28

The 2008 Ethics Forum Series, a forum about trends, attitudes and strategies for success for young men, will be Feb. 28 at 7 p.m. at the Digitorium on the Seminole Campus.

Presented by SPC's Applied Ethics Institute, the program will include three presenters: Robert W. Riester, SPC psychology instructor; Kevin D. Murray, SPC ethics instructor; and Davie Gill, south county coordinator for SPC's Male Outreach Initiative.

Call Ext. 4335 for more information.