



## From St. Petersburg College to the International Space Station

SPC alum Nicole Stott is scheduled to launch no earlier than Tuesday, Aug. 25, heading to the International Space Station. Read her story in the online version of [SPC Today](#).

## BOT sets special Sept. 8 meeting

The college's Board of Trustees has scheduled a special meeting Sept. 8 to select a consultant to guide the search for a new president.

At Tuesday's board meeting, Board Attorney Joe Lang said Jeff Hockaday's firm was recommended to be interviewed by four board members. Because of this, Lang said he scheduled Hockaday to meet with the board on Sept. 8. Lang said there are a few other firms that could be invited to interview.

"I have some calls out that I need to hear from before we know for sure how many interviews we will have," Lang also said.

Hockaday, who is based in North Carolina, is well known in Florida. His firm has handled the recent presidential searches at community colleges including Brevard, Broward, Gulf Coast, Manatee, Pensacola, Polk, Santa Fe, South Florida and Tallahassee.

## Ordering copies just got easier!

Faculty now can e-mail copy requests to Printing Services from any computer. To expedite this process, copy requests do not need the budget supervisor's approval for each job. Instead, requests will be reviewed monthly by the budget supervisor. For step-by-step instructions and a link to the new fillable Copy Request Form (pdf), visit [SPC's Printing Services page](#), [www.spcollege.edu/central/ia/printing\\_services.html](http://www.spcollege.edu/central/ia/printing_services.html)

## SPC recognized at NACCE event

During a recent webinar called "Successful Collaboration between Entrepreneurship and Continuing Education Programs," hosted by The National Association for Community College Entrepreneurship (NACCE), SPC's Corporate Training was recognized as one of three community colleges with a separate department to work on economic development, and SPC President Carl M. Kuttler Jr. was cited as one of the featured members of NACCE.

## SPC among top 100 associate degree producers for African-Americans and minorities

Diverse: Issues in Higher Education magazine recognized SPC as one of the country's top 100 institutions in awarding associate degrees to students of color.

For the 2007-08 school year, SPC ranked No. 57 in awarding associate degrees to African-American students, conferring degrees to 229 African-American students across all disciplines.

SPC also ranked No. 86 for the number of associate degrees awarded to all minority students, conferring 449 degrees to minority students across all disciplines.

According to the American Association of Community Colleges, more than half of minority undergraduate students start their degrees at community colleges, with 55 percent of all Hispanic and Native American students and 46 percent of all black and Asian students enrolling in a two-year institution.

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## New employees tour the college by bus



New SPC faculty and administrative and professional employees took a three-day tour of the college this week.

Pictured here, Bridgette Willis, Human Resource Services Specialist, checks her roster before new SPC employees take off on Tuesday. Seated in the row behind Willis are, from left, Mary Lavengood, Director of Curriculum and Student Success, College of Education, St. Petersburg/Gibbs Campus; Mary Harper, Associate Professor of Elementary Education, Tarpon Springs Campus; Robin Wilber, Professor of Finance, College of Technology and

Management, EpiCenter; and Larry Mack, Professor of Management, College of Technology and Management, EpiCenter

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## Onward & Upward

Joseph Smiley, Dean, Social & Behavioral Sciences, Tarpon Springs Campus, and his brother, Elijah, taught an academic success workshop for parents and school-aged children on Aug. 8 at Macedonia Missionary Baptist Church in Panama City. The tips Smiley offered at the workshop were based on academic research showing that kids who receive a healthy breakfast, have strong family lives and have supportive parents do better in school. His brother, who is a judge in the 14th Judicial Circuit, organized the event because of all the children he sees in juvenile court.

## Start your Wellness Program now to maintain discounted insurance rates

By now, employees covered by the college's Aetna health insurance plan should have completed the Health Risk Assessment to determine what areas of their health need to be improved; doing so allowed for a discount in coverage. Those hired after July 1 will need to complete their Health Risk Assessment during their first month of benefits coverage.

The next step in maintaining the discount is for employees to complete either:

- Two programs offered through [Simple Steps to a Healthier Life](#), or
- One Simple Steps program and the college's fall wellness challenge. (Details will be announced shortly.)

The Healthy Living Programs are easy to follow and provide step-by-step guidance for making health changes. Each program provides steps to help build skills for long-term success and tools for tracking progress.

Those who were employed at the college on July 1 will need to complete these programs by Dec. 31. Those hired after July 1 will need to complete the program by the end of their sixth month of benefits coverage.

Please note: Employees who started a healthy living program in June and completed it by Aug. 14 will receive credit for it.

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## Meeting notices

The Development Committee of the Leepa-Rattner Museum of Art's Board of Directors will meet at 3 p.m. Wednesday, Sept. 9, in the museum's Interactive Gallery to discuss general museum business.

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## Equal Opportunity

St. Petersburg College is dedicated to the concept of equal opportunity. The college will not discriminate on the basis of race, color, religion, sex, age, national origin, or marital status, or against any qualified individual with disabilities, in its employment practices or in the admission and treatment of students. Recognizing that sexual harassment constitutes discrimination on the basis of sex and violates this rule, the college will not tolerate such conduct. Should you experience such behavior, please contact the director of EA/EO at 727-341-3261; by mail at P.O. Box 13489, St. Petersburg, FL 33733-3489; or by e-mail at [eao\\_director@spcollege](mailto:eao_director@spcollege).



## Add “Reuse, Reduce, Recycle” to the original three-Rs (reading, ’riting, ’rithmetic)

### The issue

- During the school year, each student will create 240 pounds of waste.
- The average family with school-aged children will spend \$594.24 on back-to-school purchases this year.
- During the school year, the average school throws away 38 tons of paper, the equivalent of 644 trees.
- Each year, six billion pens are thrown away in the U.S.
- During the school year, each elementary school cafeteria creates 18,760 pounds of waste.
- Schools use more than \$6 billion in energy every year and about \$1.5 billion (or enough to hire about 30,000 new teachers) is wasted due to inefficiency!

### Be part of the solution

How do our children become more environmentally friendly?

- Instead of buying lunch from the cafeteria, pack a healthy, organic, waste-free lunch in a metal box or PVC-free reusable lunch bag and a stainless steel water bottle.
- Before shopping, take a careful inventory of what you already have, such as pencils, notebooks, glue sticks, markers, paper, etc.
- Help your child’s school start an edible garden on the campus.
- If possible, carpool! You can cut your weekly fuel costs in half if you take turns driving (or better yet, ride the school bus, walk or bike).
- Buy used textbooks and sell them back at the end of the year.
- Almost half of the money spent on back-to-school shopping goes to buying clothes. Why not shop at a flea market, yard sale or thrift store like SPC’s [Dollars for Scholars Thrift Store](#)?
- Look for recycled pencils and refillable pens packed in recycled packaging.
- Turn off your computer at night. A computer left on 24 hours a day costs you between \$115 and \$160 in electricity annually.
- Reduce word document margins to .75” and turn scrap paper into note pads.
- Buy paper with the highest percentage of post-consumer recycled content possible and processed chlorine free (PCF) like [New Leaf Paper](#) for printers and [Mead Recycled Notebooks](#) for school.
- Help your child’s school start a recycling program.
- Print double-sided and only what is necessary.

Want to become involved with SPC’s exciting sustainability initiatives?

To participate in the sustainable | SPC initiative, e-mail [green.jason@spcollege.edu](mailto:green.jason@spcollege.edu) or call 341-3283.



### Discounts

**Florida Orchestra:** Faculty and staff now can purchase tickets at the student rate of \$10. Call the Florida Orchestra Ticket Center at 727-892-3337 and identify yourself as faculty or staff to place your order. Students can purchase two \$10 advance tickets through the mail, by phone or in person at the Florida Orchestra ticket center. Students must present ID when collecting tickets at the Will Call window on the night of concert. Subject to availability. Some restrictions may apply. **Palladium:** Faculty, staff and students receive a 10 percent discount to all shows produced by the Palladium or its partners at the Palladium. **Florida International Museum:** Faculty and staff \$5.

### Event Listing

#### Continuing through Aug. 23

[Doubt, winner of the Pulitzer Prize and a Tony Award](#), 7:30 p.m. Wednesdays-Thursdays, 8 p.m. Fridays-Saturdays, 3 p.m. Saturdays-Sundays. American Stage Theatre, St. Petersburg. \$31-\$39.

#### Continuing through Oct. 4

[In a New Light: Selections from the Gulf Coast Museum of Art Collection, Florida International Museum at St. Petersburg College](#), St. Petersburg. Hours: 10 a.m.-5 p.m. Tuesday-Saturday; noon-5 p.m. Sunday. Last entry 4 p.m. daily. \$8 adults; \$6 seniors and military; \$5 groups; SPC faculty, staff and students and children age 6 and younger free.

#### Continuing through Aug. 30

**Allen Leepa, In Memorium and SPC Faculty Exhibition.** Also: [Triptychs by the Plein Air Cottage Artists](#), through Sept. 27; and [Artists Of The Hamptons Selections from the Benjamin and Jean Gollay Collection](#), through Nov. 8. 10 a.m.-5 p.m., Tuesday, Wednesday, Friday and Saturday; 10 a.m. to 9 p.m., Thursday; 1-5 p.m., Sunday. \$5 adults, \$4 seniors, free for children, members and students. Sunday admission free for all.

#### Friday, Aug. 21

[Saxophonist Harry Allen with Nate Najjar Trio](#), 7:30 p.m. Palladium. \$20.

#### Saturday, Aug. 22

**Saturday Artist Series: James Michaels**, casual conversations with featured artists and curator Christine Renc-Carter. 11 a.m. Florida International Museum at St. Petersburg College. Included in admission.

#### Sunday, Aug. 23

[Summer Film Series: Gone with the Wind](#), 1:30 p.m. Leepa-Rattner Museum of Art Auditorium. Free.

#### Thursday, Sept. 3

[Art & Story Hour](#), recommended for children ages 4-8 and their families; all listeners welcome, 6-7 p.m., Leepa-Rattner Museum of Art. Included in admission.

#### Wednesday, Sept. 9

Art, Books and Community (ABC) Reading Club, welcome meeting and tour, 10 a.m.-noon, [Leepa-Rattner Museum of Art](#). Free.

#### Thursday, Sept. 10

[Jazz Ambiance Quartet](#), 7:30 p.m. Palladium. \$15.

#### Friday, Sept. 11

[Julie Black, Angel for Blues](#), 8 p.m. Palladium. \$10 advance, \$12 door.



# H1N1 (swine flu) facts



The H1N1 (swine flu) virus is expected to be prevalent this season. Most people who have become ill with this virus have recovered without requiring medical treatment, but hospitalizations and death have occurred in a few cases. Please be mindful of this information from the Centers for Disease Control (CDC) as you monitor your own health. For more information, see [www.cdc.gov](http://www.cdc.gov).

## If you get flu-like symptoms:

- Stay home and avoid contact with other people.
- The **CDC recommends that you stay home for at least 24 hours after your fever is gone** except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- Cover your mouth and nose with a tissue when coughing or sneezing. Put your used tissue in the waste basket.
- Clean your hands every time you cough or sneeze.
- If you have severe illness or you are at high risk for flu complications, contact your health care provider or seek medical care. Your health care provider will determine whether flu testing or treatment is needed.

## Precautions

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. **Alcohol-based hand cleaners have been made available in all college buildings.**
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.

## Symptoms include:

- Fever
- Body aches
- Runny or stuffy nose
- Sore throat
- Nausea or vomiting
- Diarrhea