

# Syllabus

**COURSE PREFIX: CLP 2140**

**COURSE NAME: Abnormal Psychology, 3 credit hours**

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ACADEMIC DEPARTMENT: SOCIAL & BEHAVIORAL SCIENCE

## COURSE DESCRIPTION

Prerequisite: PSY 1012 or PSY 1020H. This course is an examination of the major categories of psychological disorders. Diagnostic criteria and treatment methods applicable to psychological disorders are studied. This course has a substantial writing requirement. 47 contact hours.

## REQUIRED TEXT

All required reading materials will be available online for students; there is no required textbook.

## STUDY ABROAD APPLICATION REQUIREMENTS:

Approval for participation in the program is subject to the participant

- being 18 years old or older or dually admitted and registered as a dual enrolled high school student\*
- having a GPA of 2.75 or higher
- being enrolled for credit in an approved study abroad program course
- being approved by the International Programs office
- obtaining a positive faculty recommendation for participation in the program
- paying all deposits and fees according to the fee schedule
- obtaining all immunizations required by the Centers for Disease Control (CDC) if applicable.

\*Participation as a dually enrolled student is subject to approval of this application and an interview conducted by the program's lead faculty member or designee, as well as any stated prerequisites or additional eligibility requirements.

In addition, participants are strongly encouraged to get all immunizations and preventative treatments recommended for the particular country and regions through which they will be traveling.

## MEETING INFORMATION/ATTENDANCE POLICY:

The course will open on May 8, 2010 and close on June 11, 2010. The actual travel to Northern Ireland will take place between May 8 and June 21, 2010. There will be pre-classroom orientation prior to the actual travel, two post-travel classroom meetings (2.5 hours each) on the Tarpon Springs Campus, and some online modules of study needing to be completed using Angel.

Students need to arrive at the Dublin Airport by 9 am on Sunday, May 9<sup>th</sup>. Faculty will share their itinerary with students, but students are welcome to take a different flight and long as they meet at the designated arrival location by 9 a.m. Students will be leaving Dublin via the Ulster Bus (picks up directly at the airport).

Once in Derry, students will be staying in the dormitories at North West Region College (NWRC). NWRC will be providing dormitory space and classroom facilities to our students with minimum charge. Our daily schedule once in Derry will begin with classroom lecture/discussion from 9 am until 12:30.

Cultural Activities will take place in the afternoon. During other times, students are free to study and explore the many activities available throughout the city. Faculty will inform students times/locations where they will be eating; students are welcome to share meals with faculty or eat on their own at the College's cafeteria or other restaurants within the city.

In order to be considered as "actively participating" in this class, a student can miss no more than 20% of either the pre or post class meetings or 20% of the class meetings and or cultural activities during time in Derry, Ireland.

### SCHEDULE

<u>Pre-Travel Meetings Dates</u>	<u>Agenda Topic</u>	<u>Reading</u>	<u>Assignment</u>
Monday (5-10)	Intro to Abnormal Psy. 1. Curriculum Overview 2. Defining "Abnormal"	<i>Assigned Reading</i>	
Tuesday (5-11)	Theory in Abnormal Psy. 1. Behavioral 2. Cognitive 3. Social/Systems Theory	<i>Assigned Reading</i>	CA 1
Wednesday (5-12)	Continue Theory in Abnormal Psy. 1. Biological 2. Psychoanalytic	<i>Assigned Reading</i>	CA 2
Thursday (5-13)	The Role of the Mental Health Provider 1. Modern Mental Health Care 2. The Role of the Mental Health Provider	<i>Assigned Reading</i>	CA 3
Friday (5-14)	What is Mental Illness? 1. Understanding the DSM-IV-TR 2. Assessing Abnormality	<i>Assigned Reading</i>	CA 4

Saturday (5-15)			CA 9
Monday (5-17)	Mood Disorders 1. Unipolar Disorders 2. Treatments	<i>Assigned Reading</i>	CA 5
Tuesday (5-18)	Continue Mood Disorders 1. Suicide	<i>Assigned Reading</i>	CA6
Wednesday (5-19)	Substance Abuse 1. Definitions	<i>Assigned Reading</i>	CA 7
Thursday (5-20)	Substance Abuse 1. Treatments	<i>Assigned Reading</i>	CA8
Friday (5-21)	Healthcare Delivery/Access	<i>Assigned Reading</i>	
	Travel portion of program ends 3 p.m.		
Thursday (5-27)	Group Presentation on TS Campus (Room OL 103)		
Friday (5-28)	Group Presentations on TS Campus (Room OL 103)		
Monday (5-31)	Online Module # 1 Due by 11:55 p.m.		
Friday (6-4)	Online Module #2 Due by 11:55 p.m.		
Friday (6-11)	Online Module # 3 Due by 11:55 p.m.		

**COURSE CONTENT:**

**LEARNING OBJECTIVES**

Major Learning Outcomes:

1. The student will demonstrate knowledge of behavior terminology associated with psychological disorders.
2. The student will demonstrate understanding of diagnostic methods.
3. The student will understand major therapeutic approaches in the treatment of psychological disorders.
4. The student will demonstrate knowledge of major categories of mental disorders based upon criteria established by the American Psychiatric Association and other national professional organizations.

Course Objectives Stated in Performance Terms:

1. The student will demonstrate knowledge of behavioral terminology associated with psychological disorders by defining terms such as:
  - 1) symptom
  - 2) syndrome
  - 3) etiology
  - 4) prognosis
  - 5) diagnosis
  - 6) other relevant terms used in assessment and treatment of psychological disorders.
2. The student will demonstrate understanding of diagnostic methods by:
  - a. differentiating among the major techniques used in the psychodiagnostic process.
  - b. classifying psychological tests used in the diagnostic process.
3. The student will understand major therapeutic approaches in the treatment of psychological disorders by:
  - a. examining the psychoanalytic, humanistic, behavioristic, and somatic models of therapy.
  - b. recognizing a treatment modality effective with a specific category of psychological disorder.
  - c. explaining the difference between an institution and a therapeutic community.
4. The student will demonstrate knowledge of major categories of mental disorders based upon criteria established by the American Psychiatric Association and other national professional organizations by identifying the following major categories of mental disorders based upon etiology, symptoms, syndromes, and treatment approaches:
  - (1) disorders of infancy, childhood, adolescence
  - (2) anxiety, somatoform, dissociative disorders
  - (3) schizophrenia and psychotic disorders
  - (4) substance related disorders
  - (5) organic mental disorders
  - (6) personality disorders
  - (7) mood disorders
  - (8) sexual and gender identity disorders

**PREREQUISITES:**

Prerequisites: PSY 1012

**GRADING:**

A student's final grade will be based on the completion of 5 activities.

- a. Essay Exam # 1—This exam will cover material covered during the pre-travel classroom discussion taking place at SPC. This will be a “take-home exam;” students are expected to provide a typed response to each question. 25% of Final Grade
- b. Online Modules —Students will need to complete three online learning module via Angel upon our return back from Ireland. Each Module is worth 10 points. 30% of Final Grade
- c. Cultural Activities—During time spent in Ireland, students will be expected to participated in scheduled cultural activities/visits. These will take place outside of scheduled classroom hours 20% of Final Grade
- d. Post-Travel Presentation—Upon our return from Ireland, students will be presenting (in small groups or individually) an assigned topic related to their travel experience. SPC faculty, staff, administration along with parents, friends, etc. will be welcome to attend as space permits. The purpose of this assignment is to showcase your academic experience. 25% of Final Grade

Final grades will be calculated based on the following scale:

A = 90 -100%

D = 60-69%

B = 80-89 %

F = 59% or less

C = 70-79%

#### DUAL ENROLLMENT, EARLY ADMISSIONS, & EARLY COLLEGE STUDENTS:

A Dual Enrollment, Early Admissions, or Early College student may not withdraw from any college level course. Withdrawal from a course will jeopardize the student’s graduation from high school. Please contact Larry Webster; Dual Enrollment (341-3181), Jeff Cesta; Early College (791-5970), or your campus Early Admissions coordinator for additional information.

#### ACADEMIC HONESTY:

St. Petersburg College has an Academic Honesty policy. It is your responsibility to be familiar with the policies, rules, and the consequences of violations. Read about the policy at: <http://www.spcollege.edu/webcentral/admit/honesty.htm>. There is no tolerance for cheating and academic dishonesty. Discipline can range from a zero on that specific assignment to expulsion from the class with a grade of F. Note that copy/pasting published information, whether it's from your textbook or the Internet, without citing your source is plagiarism and violates this policy. Even if you change the words slightly, the ideas are someone else's, so you still have to cite your sources. Cheating, plagiarism, bribery, misrepresentation, conspiracy and fabrication are defined in Rule 6Hx23-4.461, Student Affairs: Academic Honesty Guidelines, Classroom Behavior.

#### CELL PHONES, BEEPERS, RELATED DEVICES:

All electronic devices such as cell phones, beepers, pagers, and related devices are to be turned off prior to entering the classroom, library and laboratories to avoid disruption. Use of any device in these areas is a violation of College Policy and subject to disciplinary action.

#### ITEMS TO PACK:

You should pack a variety of clothing options ranging from casual to business casual. Because the weather is changeable, it is recommended that you bring a variety of clothing and an umbrella.

Clothing should not be too revealing (No tight shirts, low cut shorts/skirts, undergarments hanging out of pants, excessively baggy pants, clothes with holes in them, etc...) Because there will be a great deal of walking, you should bring comfortable walking shoes, a fanny pack and/or a backpack if you plan to take notes while on tours.

If there is a medication that you must take, bring an adequate supply for your stay. If you take medications with you, be sure to have copies of the prescriptions and leave the medication in the original container. You may be asked to show the prescription at customs in order to prove that the medication is a prescribed drug. The prescription should be written in terms of the chemical composition or generic name rather than brand name, and should include dosage, instructions, and reason for prescribing the drug. Do not plan on having U.S. prescriptions filled abroad. If you wear glasses or contact lenses, take along an extra pair. Also, be sure to have the lens prescription with you in case you need it later.

Note that it is illegal to bring some common over-the-counter medications from the U.S. into certain countries. Please refer to the U.S. State Department's Consular Information Sheet on the country where you will be studying: [www.travel.state.gov](http://www.travel.state.gov)" ([http://www.temple.edu/studyabroad/health\\_safety.html](http://www.temple.edu/studyabroad/health_safety.html)).

#### STUDENT CONDUCT / ALCOHOL AND DRUG POLICY:

Please refer to important information about student conduct and related policies in your study abroad application package.

#### SPECIAL ACCOMMODATIONS:

If you anticipate requesting of the Learning Specialist an accommodation for a documented disability, it is important to notify the International Programs office as soon as possible that you plan to make a request. Please also make an appointment with the Learning Specialist on campus to make your request as soon as possible. The Learning Specialist can be reached at 791-2628 or 791-2710 (CL), 341-4758 (SP/G), 394-6108 (SE), 712-5789 (TS), or 341-4532 (AC).

#### LINK TO DEPARTMENT OF STATE ADVISORY FOR STUDY ABROAD DESTINATION(S):

[www.state.gov](http://www.state.gov) - This information is subject to change; please check this source again as departure time nears.

## Description of Cultural Immersion Activities and Additional Excursions

### Cultural Activity # 1: Walking Tour of Donderry

To become familiar with the social, historical, and political history of Derry, students will be taking a guided walking tour of the city.

### Cultural Activity # 2: Presentation on the Europe's Higher Education System

Students will have an opportunity to learn how Europe's higher education system is both similar and different to the higher education system in the United States. How open is access to students; what are the typical costs; are Associate degrees offered; what opportunities does a college degree offer a student? These are some of the questions that will be addressed during this open discussion.

### Cultural Activity # 3: Tour of a Northern Ireland Coast.

Northwest Regional College will provide access to the College bus (and driver) for our students in order to tour and see the northern coast line of Ireland.

### Cultural Activity # 4: Drumcorn Dairy Farm

“Drumcorn Farm has been a working Dairy Farm since the late 1800's where the milk was taken by horse & cart into Derry and sold from door to door”  
(<http://www.drumcornfarmcottage.co.uk>). The tour's purpose is to explore how the advent of industrialized labor has changed the way farmers' structure their work and organize their lives.

### Cultural Activity # 5: Visit to the Nerve Centre

The purpose for this tour is to explore the socio-political qualities of art and popular culture. “The Nerve Centre was established in 1990 as a focal point for youth culture in Derry, Northern Ireland's second city. By bringing popular music, film, video, animation and interactive multimedia together under one roof, the Nerve Centre promotes creative collaboration and fusion between artists and provides a cultural outlet for many young people who feel excluded from what is traditionally regarded as the ‘arts sector’”  
(<http://www.nerve-centre.org.uk>).

### Cultural Activity # 6: Visit to the Tourist Centre at Derry.

The purpose for the tourist center is to “ guide [folks] to events taking place in the City ... by providing both visitors and locals alike, with an easy to follow programme to help users uncover the wealth of culture and history that exists in the City”  
(<http://www.derryvisitor.com>). The purpose for this tour is to share with students to the important socio-political connection tourism plays in the community of Derry.

### Cultural Activity # 7: The Verbal Arts Centre

“The Centre's underpinning purpose is the promotion of the language arts, celebration of commonality and diversity, development of knowledge, understanding and excellence in creation, performance and critical practice across the verbal arts forms, together with research, publication and provision of information.

**What we do--**The Verbal Arts Centre develops and delivers a portfolio of verbal arts services for a range of client groups and stakeholders. These services are structured across three main areas: **1. Education-2. Youth and Community Development 3. Artform / Reading Development**

The Centre's work is delivered throughout the North West region including Derry, Strabane, Limavady, Castlederg, Fermanagh and Donegal. The specific nature of the services delivered involves: literacy building programmes with primary, post primary and special needs schools (Key stages 1-4) · provision of structured Community Relations encounter opportunities using the literary heritage of the region as source material. Development of teachers' resource materials. Youth and Community Citizenship and Personal development programmes that engage with young people particularly those from areas of high socio/economic deprivation, with statements of special educational needs also vulnerable young people at risk in the areas of bullying, drugs misuse, etc. Developing paper based and IT based youth/community resources. Developing the Verbal Arts artform (reading, writing, speaking and listening) throughout the region and providing opportunities for engagement by the public both as audience and participant” (<http://www.verbalartscentre.co.uk>).

#### Cultural Activity # 8: A Night at The Playhouse

Students will explore the socio-political connection art and culture play in a community. Students will catch a local performance at The Playhouse. “The Award Winning The Playhouse is based in Artillery Street, Derry and was established by Pauline Ross in 1992... Since then it has grown to become one of Ireland’s leading Award Winning multi-disciplinary Community Art Resource Centres based on a neutral site with the city centre. It is a self-help, grass roots, bottom-up community development project which is people centre with charitable status” (<http://www.derryplayhouse.co.uk/>).

#### Cultural Activity #9: Golf

Students will be offered an opportunity to experience the sport Ireland founded—Golf.