

STDs

Disorder: Candida albicans

Cause: Fungal

Symptoms:

Female: Vaginal itching burning, cream cheese like discharge

Risk During Pregnancy: increased risk of infection due to increased estrogen production

Risk to Fetus / Newborn: born with Thrush or Candidiasis

Chances of infection increase with antibiotic treatment, diabetes, or an increase of estrogen

Disorder: Trichomoniasis

Cause: one cell Protozoon

Incubation: 4-20 days

Symptoms:

Male: mostly asymptotic but may have sign as seen in women

Female: Extreme itching, frothy white or gray/green discharge

Risk During Pregnancy: may lead to preterm birth

Risk to Fetus / Newborn: Medication use for treatment is a teratogenic in the 1st trimester so treatment is delayed until the 2nd trimester

Disorder: Chlamydia

Cause: Bacteria

Incubation: 1-5 weeks

Symptoms:

Female: gray/white discharge, vaginal itching

Risk During Pregnancy: treated with erythromycin instead of with tetracycline, may cause premature rupture of membranes, preterm labor or endometriosis

Risk to Fetus / Newborn: Conjunctivitis, respiratory infection, or pneumonia

Disorder: Genital Warts

Cause: Human papilloma virus

Symptoms:

Male: penile warts

Female: warts on vulva, vagina, and cervix

Removed by podophyllin, cautery or cryotherapy

Disorder: Genital Herpes

Cause: HSV-2 Skin to skin, mucus membrane contact

Incubation: 3-14 days

Symptoms:

Male: Primary lesion appears, flu like symptoms, increased temperature, and intense pain

Female: Primary lesion appears, flu like symptoms, increased temperature, and intense pain.

May increase the risk of cervical cancer and a yearly Pap smear is recommended

For both: flare up may occur at any time brought on by stress, sunlight, PMS and illness

Risk during Pregnancy: Will need a cesarean delivery

Risk to Fetus / Newborn: May be fatal to newborn if contracted in the birth canal.

Disorder: Gonorrhea

Cause: gonococcus bacillus

Incubation: 2-7 day

Symptoms:

Male: pain on urination, may scar the tubules of the testes leading to sterility

Female: mostly asymptotic but may have signs as seen in men. May develop into a PID and scar the uterine tubes leading to sterility

For Both: May develop into arthritis or heart disease

Risk to Fetus / Newborn: Ophthalmia Neonatorum, a form of Conjunctivitis, if untreated will lead to blindness

Disorder: Syphilis

Four stages

First Stage

Painless ulcer form on genitals, mouth, lips, or rectum fade within six weeks

Second Stage

Rash forms on the palms and soles also may have a low-grade fever

Third Stage – Latent stage

Asymptotic period lasting years to decades

Final Stage

Neurological disorders such as blindness, paralysis, mental confusion, loss of balance, slurred speech and death

Risk to Fetus / Newborn: No problems in the first 18 weeks, after 18 weeks preterm labor, still birth, and congenital defects