

Skin Changes in Pregnancy

Striae gravidarum

Stretch marks cause by the rupture of the connective tissue layer of the dermis as the uterus grows. Changes to striae albicantes (white lines). Lines are permanent but will fade with time

Linea nigra

Line running down the midline of the abdomen which darkens during pregnancy

Melasma

Darken of the face mainly the cheeks and nose. An increase of pituitary hormones leads to an increase of melanocytes, the cells that produce pigment in the skin. Coloration disappears after pregnancy

Vascular Spiders

Red branching spots found mainly on the thigh cause by an increase of Estrogen

Palmar erythema

Red palms cause by an increase of Estrogen

Increase of sweat glands

Sweat glands disappears after pregnancy