

Mental Health First Aid Training

SPC St. Petersburg
College

FREE CERTIFICATION
for nonprofit and public
service professionals

Mental Health First Aid
teaches you how to identify,
understand, and respond to
signs of mental health and
substance use challenges.

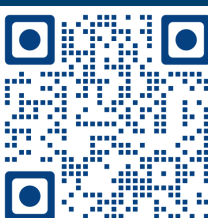
What you learn:

- Risk factors and warning signs of mental health challenges
- How to help someone experiencing a mental health challenge
- Where to turn for help through professional, peer, and self-help resources

To register for free,
please contact:

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INFORMATION



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